

# DISASTER ASSISTANCE RESOURCES

## DISASTER RELIEF

### American Red Cross

1-800-733-2767

<http://www.redcross.org/get-help>

### American Red Cross Safe and Well List

Register your name or search for a name.

<http://safeandwell.communityos.org/cms/index.php>

### American Red Cross Shelters

Search for a shelter in your area.

[www.redcross.org/get-help/disaster-relief-and-recovery/find-an-open-shelter](http://www.redcross.org/get-help/disaster-relief-and-recovery/find-an-open-shelter)

### Centers for Disease Control and Prevention

(CDC) 1-800-CDC-INFO (800-232-4636)

[www.emergency.cdc.gov](http://www.emergency.cdc.gov)

Emergency response and preparedness.

### Federal Emergency Management Agency

(FEMA) [www.fema.gov](http://www.fema.gov)

Info on preparing for and recovering from disaster.

### FEMA Disaster Assistance

Disaster-related Helpline: 1-800-621-3362

[www.disasterassistance.gov](http://www.disasterassistance.gov)

Find local resources and shelters, plus call or apply for assistance online.

### United Way

Dial: 2-1-1 or visit [www.211us.org](http://www.211us.org)

United Way offers access to many services in times of crisis as well as for day-to-day needs.

## GOVERNMENT / LAW ENFORCEMENT

### Department of Homeland Security

[www.dhs.gov/index.shtm](http://www.dhs.gov/index.shtm)

### Local law enforcement contact information

[www.usacops.com](http://www.usacops.com) (Dial 911 in an emergency)

## SUPPORTIVE RESOURCES

### Disaster Distress Helpline

1-800-985-5990 or text "TalkWithUs" to 66746

Crisis counseling and support for anyone experiencing emotional distress related to natural or human-caused disasters.

### Disaster Help and Recovery Information

[www.cignabehavioral.com](http://www.cignabehavioral.com)

Click on the Disaster Resource Center link to find event-specific resources and tips to help support coping and recovery.

## HELPING CHILDREN COPE

### The National Child Traumatic Stress Network

[www.nctsn.org/trauma-types/natural-disasters](http://www.nctsn.org/trauma-types/natural-disasters)

Information on how to help a child cope with natural disasters, terrorism, and mass violence.

## ANIMALS/PETS

### American Society for the Prevention of Cruelty to Animals [www.asPCA.org](http://www.asPCA.org)

### Animal Humane Society

[www.humanesociety.org/about/departments/disaster\\_preparedness.html](http://www.humanesociety.org/about/departments/disaster_preparedness.html)

## DONATE / VOLUNTEER

[American Red Cross](http://www.AmericanRedCross.org)

[FEMA](http://www.FEMA.gov)

[Feeding America](http://www.FeedingAmerica.org)

[Catholic Charities](http://www.CatholicCharities.org)

[Salvation Army](http://www.SalvationArmy.org)

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