



2012 Cigna Autism education series

This series of telephone seminars will help you better understand physical, mental and emotional growth in individuals who may display symptoms of developmental disorders like autism and Asperger's Syndrome. The seminars are free and there is no registration required. They are open to any parent or caregiver interested in learning more about autism and autism spectrum disorders.

To listen to a seminar, call **toll-free 1.866.431.5314** at the scheduled time. When prompted for a **passcode, enter 1150266**.

Please note, these are general information seminars. If you are a Cigna customer and you have specific questions, please contact a health advocate by calling **1.800.274.7603**.

Date/Time	Title	Presenter
March 8, 2012 1:00 - 2:00 pm EST	Social Skills	Megan Bailey, MSED, Clinical Interventionist, Southwest Autism Research and Research Center (SARRC)
April 12, 2012 1:00 - 2:00 pm EST	Facilitating Independence in Individuals on the Autism Spectrum	Sharyn Kerr, PhD, BCBA-D, Clinical Director, ACES
May 10, 2012 1:00 - 2:00 pm EST	Community Safety Issues for Individuals with Autism Spectrum Disorders: Common Concerns and Strategies for Building Independence	Linda LeBlanc, BCBA-D, Director of Research and Clinical Services, Trumpet Behavioral Health
June 14, 2012 1:00 - 2:00 pm EST	Fostering Friendships Between Children with Autism Spectrum Disorders and Typically Developing Peers	Jill Krata, PhD, Associate Chief, Premier HealthCare Autism Research and Treatment Institute and Manager of Clinical Services, YAI Autism Center
July 12, 2012 1:00 - 2:00 pm EST	How Anxiety Affects the Lives of Individuals with Autism, and Treatments that Help	Charles Cartwright, MD, Chief, Premier HealthCare Autism & Institute Director, YAI Autism Center
August 9, 2012 1:00 - 2:00 pm EST	Preventing and Responding to Challenging Behaviors in the Home	Michael Boardman, MA, BCBA, ABA Supervisor, YAI, New York League for Early Learning and Lifestart Program

Conference Access:

Toll/International:
1.719.457.2626

U.S./CAN Toll-Free:
1.866.431.5314

Participant Passcode:
1150266

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