



Every pregnancy carries with it certain discomforts. Nausea, dizziness and fatigue are normal, especially during the first trimester. Heartburn, frequent urination and mild contractions are common during the last third of your pregnancy. But it's important to pay attention to anything that feels especially bad or wrong to you.

WARNING SIGNS	POSSIBLE PROBLEMS
vaginal bleeding (usually bright red, heavier than a period)	miscarriage, placenta previa (placenta overlapping a portion of the cervix), abruption (a tearing away of the placenta), premature labor (before 37 weeks)
abdominal pain	ectopic pregnancy, abruption (tearing away of the placenta), premature labor contractions (before 37 weeks)
leaking or gushing of fluid from the vagina	rupture of membranes (water has broken)
sudden puffiness or swelling of the feet, severe persistent headache, vision problems (flashes of light and/or spots)	pregnancy-induced high blood pressure, toxemia (pre-eclampsia)
pain or burning while urinating	urinary tract infection, sexually transmitted disease
irritating vaginal discharge, itching, genital sores	vaginal (yeast) infection, herpes
fever, 99.5° F or higher	viral or bacterial infection
noticeable reduction in fetal activity	malnutrition, fetal distress
sudden decrease in frequency and amount of urination	dehydration, toxemia
persistent nausea and/or vomiting	infection

If you experience any of these symptoms, call your healthcare provider immediately.