



Child Care Provider Checklist

Give the following outline to your child's caregiver. It will help you chart your child's habits and help detect any behavior problems. The form also can be compiled into a notebook and used as a daily diary of your child's activities.

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
MORNING							
Time awake							
Breakfast (time)							
What							
How much							
Activities							
Nap time (from/to)							
Snack (time)							
What							
How much							
Activities							
AFTERNOON							
Lunch (time)							
What							
How much							
Nap time (from/to)							
Snack (time)							
What							
How much							
Activities							
EVENING							
Dinner (time)							
What							
How much							
Nap time (from/to)							
Activities							
Time to bed							
SPECIAL INSTRUCTIONS							
Time/amount of medicine							
Special feedings							
New developments, growth, etc.							